## **NOTES & QUESTIONS**

## THE POWER OF FASTING AND PRAYER

SHODANKEH JOHNSON | MARCH 2 & 3, 2024

Prayer and Fasting is:		
	•Our	
	•Our	
	•The spiritual vitamin of our	
Jesus		
	•Prayed before starting his	
	•Prayed before starting his	
	•Prayed	
	•Prayed before performing any	
	•He taught his disciples to	
	•His first Word on the cross was	
	•His last Word on the cross was	
Everythi	ng Jesus	in prayer
Through prayer and fasting, we experience three levels of submission		
	1. We submit to	
	2. The summit to God	
	3. The	submit to God

## DISCUSSION QUESTIONS FOR FAMILY, FRIENDS & GROUPS

- 1. Briefly summarize Pastor Shodankeh's message.
- 2. What did you relate to most?
- 3. Was there a part you struggled with? If so, what and why?
- 4. What is one idea, theme, or challenge you took away from the message?
- 5. Having heard this sermon, how does it impact you? Is there some action you'd like to take in your life, as a result? If so, what small step will you take to start?
- 6. Is there someone you know that would benefit from hearing or seeing the recording of this message? Why? What is a step you can take to share it with them?