

SERMON OUTLINE

OVERCOMING IMPOSTOR SYNDROME

ERIC FERRIS | FEBRUARY 7 & 8, 2026

2 SAMUEL 7

1. The _____ Covenant

2. The _____ Covenant

3. The _____ Covenant

4. The _____ Covenant

DISCUSSION QUESTIONS FOR FAMILY, FRIENDS & GROUPS

ICEBREAKER: Have you ever felt out of place in a situation where you thought everyone else belonged more than you did? What was that experience like?

1. The sermon opened with quotes from successful people like Maya Angelou, Tom Hanks, and Serena Williams all describing impostor syndrome. Why do you think even highly accomplished people struggle with these feelings? What does this reveal about the human condition?
2. In 2 Samuel 7:2, David wants to build God a house because he feels uncomfortable living in a palace while the ark of God is in a tent. What does David's concern tell us about his heart? Have you ever felt a similar tension between your comfort and what you think God deserves?
3. When God responds to David through Nathan in 2 Samuel 7:8-16, He doesn't accept David's offer but instead makes promises to David. What does this teach us about who initiates and accomplishes God's purposes? What is our role in all of this?
4. The sermon explained how the Abrahamic Covenant was different from typical ancient treaties because God passed through the cut animals alone while Abraham slept. What does it mean that God took the full obligation and risk of the covenant on Himself? How is that different from how we typically think about our relationship with God?
5. The Mosaic Covenant had obligations for both God and the people (remember the blood sprinkled on both the altar and the people). How does this two-sided covenant help us understand what God expects from His people?
6. The sermon pointed out that three different men—Abraham, Moses, and David—all responded to God's promises with some version of "Who am I?" Why do you think God consistently chooses people who feel inadequate for the task?
7. Jesus said "This cup is the new covenant in my blood," fulfilling all the previous covenants. How does understanding these Old Testament covenants (Abraham, Moses, David) help us better understand what Jesus accomplished? What does it mean that Jesus keeps the obligations we couldn't keep?
8. The sermon ended by asking three questions: How much does God love you? To what lengths would God go to redeem your life? To what extent is your life important in God's plans? How would you answer these questions based on what we learned about God's covenants?

APPLICATION: The sermon concluded by saying, "You're not an impostor. You are loved and your life matters. And you don't have to prove anything." What is one specific area of your life where you need to hear and believe this truth this week? How might believing this change the way you approach that situation?

PRAER PROMPT: Find the Attributes of God list on the website (under resources) or in the app. Either stand in groups of three or go around as a whole group having each person praise God for who he is.