

WHY I FOLLOW JESUS



Because He Takes Time to See Me

Connect

If you could be in the crowd for any concert, sporting event, or historical moment, what would you pick? Why?

Review

Take a couple of minutes to review the main ideas from the sermon:

1. **He is strong enough, I can admit my weakness.** Sickness, death, and parenting reveal our weaknesses, showing that we cannot handle everything ourselves. Jesus enters into these situations with urgency, but without panic, showing that he is fully in control. That frees us to admit our weakness and say, “I can’t do it, but you can.”
2. **He is tender enough, I can release my shame.** Shame is a deeper need that makes us want to hide, believe we are unworthy, and portray a polished version of ourselves. Jesus turns toward us and sees us, cutting through the shame. Shame can’t survive being seen by someone who loves you.
3. **He is responsive enough, I can bring my need.** Jesus is responsive to our needs, but he doesn’t always answer our prayers the way we want. Every miracle is temporary, pointing us toward the ultimate, everlasting healing, the day Jesus will raise us from death and make all things new.
4. **He is sacrificial enough, I can surrender my control.** Jesus controls the timing of his story. He was willing to go all the way to the cross for us, take on death, go through the grave, and come back to life. We don’t have to rescue ourselves.

Read Mark 5:21-43

Make Observations: After reading Mark 5:21-43 out loud, give your group a few minutes to make observations on their own. Then go around the group and share what you observed and discuss them.

Discuss

1. In this story, which situation do you connect with the most: Jairus's, who has an urgent and heartfelt need; the woman's, who has a chronic, unsolvable, shameful problem; or the girl's, who has a helpless and powerless situation? What makes you connect with it?
2. When a situation feels out of your control, how might trusting that Jesus is in control, not rushed or rattled, change the way you respond?
3. When you are tempted to hide from Jesus, what truth about him do you need to remember?
4. Where do you find yourself saying, "I've got this," or managing how others see you instead of letting Jesus see the real you?
5. How might remembering that miracles are temporary, change how you respond when you pray but don't get the answer you hoped for or when you see a miracle?
6. What do you find hardest about the space between asking Jesus for something and waiting to see what he will do?

Apply

Break up into smaller groups of three, and respond to this question:

- Which of these four truths about Jesus do you most need right now: He is strong enough for your weakness, tender enough for your shame, responsive enough for your needs, or sacrificial enough for your surrender? What would it look like to actually trust him with that this week?

Pray

Picture yourself in the crowd around Jesus, and bring to mind the situation you most want to get his attention for. With your palms facing down, take a moment to silently pray, ask Jesus to turn toward you and bring your need to him. Then, with your palms facing up, take a moment to trust Jesus with the outcome and receive his care.

After a few moments of silent prayer, someone can close the group in prayer.